Mallorca Cycling Weekend



Trip code: MCW



Overview

🕈 Total 4 days	📅 Hotels	🔺 Difficulty: 🛉 🛉 🛉 📩
്ര് Cycling 3 days	床 Spain	🔜 All year round

Cycling in Mallorca is an absolute delight - challenging climbs, plenty of sunshine, epic descents, fantastic hotels and some of the finest cycling roads in Europe. On this cycling weekend you'll experience some of the best of the island including the iconic Sa Colobra climb, the stunning road to the Formentor Lighthouse, and several other classic climbs.

Highlights

- Visiting the Formentor Lighthouse passing through dramatic coastal scenery
- Epic descents through the Tramuntana mountain range
- Tackling the infamous Sa Colobra, a climb from sea level to 682 metres
- Relaxing in comfortable, high quality hotels and restaurants at the end of each day
- Ascending 787m along the highest climb in Mallorca, Puig Major
- Climbing two lesser-known colls Coll de Soller and Coll d'Honor

Detailed Ride Itinerary

Day 1: Transfer to Port Pollença, Formentor Lighthouse loop, overnight Playa de Muro (53km & 1200 metres ascent)

You will be met by the More Adventure team at Palma Airport where you'll be transferred with your bike and luggage to Port Pollença. Here we'll assemble bikes (or if you've hired a bike visit the hire shop to collect), get changed into cycling gear and begin our trip with a loop out to the Formentor Lighthouse and back. This stunning peninsula is the perfect introduction to cycling in Mallorca as the road meanders above the sea below with several shorter climbs to get stuck into. There's also a cafe at the lighthouse so we'll hopefully drop in for coffee before beginning our ride back to our hotel for the night in Playa de Muro near Port d'Alcudia.



Day 2: Playa de Muro - Sa Colobra - Port de Soller (98km & 2600m ascent)

After a good nights' rest we begin our second day cycling in Mallorca. Today is a challenging route into the Tramuntana mountain range as we leave the sea behind and begin the longest climb on the island, Puig Major. Our ascent begins just after the town of Pollença as we head south-west to the top of our first climb, the Coll de Femenia. At around 45km we break off the Puig Major and head north-west towards the most famous climb in Mallorca, Sa Colobra. We'll descend this iconic climb to sea level at Sa Calobra for coffee then begin back up a road regularly ascended by the Sky Team and Sir Bradley Wiggins. By this point you'll be familiar with the seemingly endless switchbacks but with an average gradient of 7% over 10km, there will be plenty of opportunity to enjoy the scenery, sheer cliffs faces and road cutouts in the rock. The top of the climb is the Coll des Reis where we'll have a well-earned breather overlooking the valleys below. From here we'll complete the final few kilometres of the Puig Major climb before an exhilarating 18km descent to our hotel in Port de Soller.

Day 3: Port de Soller - Coll de Soller - Coll d'Honor - Palma (72km & 1400m ascent)

From Port de Soller we're straight into our first climb of the day, the Coll de Soller. Since a tunnel was built through the mountainside, this fantastic climb sees far less motorised traffic. From the 2km marker we turn off the busier road and begin the 22 consecutive switchbacks which are not too dissimilar to those of the Alpe d'Huez. From the col, an incredible and technical descent leads to the small town of Bunyola, nestled in the Serra de Tramuntana where we'll stop for coffee. From Bunyola we'll tackle our second major climb of the day, the Coll d'Honor. This is a 5km climb with some steeper sections, but with plenty of tree-cover it has a completely different feel to most other climbs on the island. We reach the col at around 27km where we'll begin our final descent back down to the plains below. Our route ends at our final hotel in Palma where the More Adventure team will assist you with repacking bicycles for your flights home or, if you have hired bicycles, they will return them to the hire shop for you. We'll also have a final evening meal together.

Day 5: Transfers from hotel to airport

This morning you will be transferred to Palma airport for your flight home with your bicycle and luggage. Here the trip ends and we say our farewells.

Included

- Cycle guide
- Support driver/bicycle mechanic
- 3 x night's hotel accommodation (twin sharing)
- 3 x breakfasts
- Transfer from Palma Airport to Port Pollença
- Transfer from Palma hotel to Palma airport
- All luggage and bike boxes transported during your trip
- GPX files of the route

Not Included

- Flights
- Bicycle and Helmet
- Transport to and from pick-up and drop-off points
- Evening meals, lunches, drinks and snacks
- Insurance



This itinerary is a guide only and can sometimes be subject to change due to unforeseen circumstances. Whilst we endeavour to uphold the proposed daily mileages, this cannot be guaranteed due to changes to hotel bookings.

Trip Notes

Trip suitability

You will be cycling for between six and eight hours each day but this is not a race! This is a group trip and we like to cycle as such. You will be cycling through rolling countryside which will be hilly, and the pace will be determined by your Cycle Leader. If you are unable to keep to this moderate pace, you will be asked to travel in the support vehicle.

You must prepare before coming on the trip, anything cardiovascular will help as will of course cycling. Importantly you need to do some 6+ hour cycles so you will know what is required. **You will need to get some hill practice in**!

We can provide you with a training plan but you will need to be comfortable cycling for several hours at a time through hilly terrain. If you are unsure or require our training plan, please contact us on <u>info@moreadventure.co.uk</u>.

A link to our trip grades that explains in depth our star rating is here: <u>www.moreadventure.co.uk/cycling-grades</u>

Weather & Climate

The weather can vary hugely on this trip so it is essential that you are prepared for sunny (fingers crossed) and poor weather, as it can rain at any time of the year and mornings can be chilly. Our recommendations on what clothing to bring will be issued upon booking. It is absolutely essential that you are prepared for all weathers and be able to carry up to 1.5 litres of water. Our recommendations on what clothing to bring will be issued upon booking.

Health

Your health and safety is our number one priority during any trip with More Adventure. For this reason, our leaders are the very best in the business, they all hold relevant outdoor First Aid Certificates, and have hands-on practical medical experience in a variety of environments.

It is recommended that you visit your GP well in advance to discuss your trip and any pre-existing medical conditions you have. We will require a comprehensive medical declaration form that may need to be verified by your GP.

Insurance

We recommend that you obtain travel insurance before booking any trip. Personal travel insurance is compulsory on any More Adventure trip and as a minimum, we require your cover to include medical expenses and emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and damage/loss of luggage and personal effects (including your bicycle).



We also recommend you take out bicycle insurance for this trip. If you're looking for reasonably-priced, specialist bicycle insurance, we have teamed up with <u>Yellow Jersey Cycle Insurance</u>.

They offer specialist cover for bicycles including all the standard

cover you'd expect but also cover other things like race fee cancellation, crash damage, wheels cover and even theft from inside a vehicle. Use the code MOREADV10 for 10% off.

Please be aware that your More Adventure leader will be checking your insurance documents on the first day of this trip and may refuse you to join the trip if your insurance cover is insufficient. The insurance company's 24 hour emergency contact number will need to be seen by your leader.

Money

Lunches and evening meals tend to cost between £15 and £20 each. You will need Euros to spend in Spain.

Accommodation

Accommodation for this trip is in excellent quality hotels which have hot water showers, excellent amenities and secure bicycle storage, and this is based upon twin sharing. A single room supplement may be possible for an extra cost, this can be added upon booking (based upon availability).

Food

Breakfast will vary each morning but will generally be continental-style with hot drinks and juices. Lunches will be eaten in local cafes along the way. We will also be stopping at shops and cafes along the way for you to buy snacks and drinks.

Lunches, evening meals and drinks are not included in the price and we will eat out as a group at a local cafe/restaurant. Approximate costs per lunch/evening meal £15 - £20.

Equipment

We recommend road bicycles for this trip. Please contact us if you are unsure whether your bike is suitable.

Bikes are not included in the price. It is very important that your bike is in good working order and that you bring plenty of spares. Please bring at least two spare inner tubes. Your Cycle Leader will assist you with any minor bicycle repairs.

You must bring suitable, reasonably new tyres (e.g. Continental Gatorskin, Bontrager AW2; Schwalbe Marathon Plus). We recommend using <u>Wiggle (click HERE)</u> for the best value and quality in cycling clothing and equipment.

We do not provide helmets but it is essential you bring your own to wear.

Bicycles

If you are planning on bringing your own bicycle for this trip then you will need to pack it for your flight. There are numerous ways of doing this, but one of the easiest is to hire or buy a hard plastic bike box. You will then need to dismantle the bicycle to fit into the box and reassemble once you reach your destination. Some airlines count a bicycle box as normal checked-in hold luggage, with other airlines a supplement is required. Further information and tips for flying with a bicycle will be issued upon booking.

It may also be possible to rent good quality road bikes for this trip. Please email <u>info@moreadventure.co.uk</u> for further information.

Clothing

It is crucial to be prepared for the weather! The trip will continue in all but the absolute worst of weathers. Generally the best clothes to wear while cycling are light and comfortable. Please bring a lightweight waterproof top and a lightweight windproof top for the long descents. Make sure you bring enough clothes for each day cycling and for evening meals. Better to "have and not need than to need and not have"!

Luggage

All luggage and bike boxes will be transferred from one hotel to the other but you will need to carry inner tubes, snacks and water. The support vehicle will also be on hand to carry further spares and layers whilst cycling if required.

Leaders

This trip is led by at least one experienced and qualified cycle leader who will cycle with the group at all times. They guide and encourage the group, and help deal with any bicycle mechanicals. In addition to this, another leader drives the support vehicle offering assistance where necessary and transfers all luggage from the hotel (if required).

This trip will run on a minimum number of 8 persons. Please do not book any transport to/from the trip until it has been confirmed by email that it will run.

How to book (we recommend you have adequate travel insurance before booking any trip)

- 1. Find a date that suits you on our website
- 2. Click 'Book Now'
- 3. Fill in your personal details (if you are booking for a group, there is an option here to do so)
- 4. Fill in your medical details
- 5. Invite your friends if you wish!
- 6. Click on '*Make Payment*' and securely pay a 40% deposit through Stripe.
- 7. Congratulations you've now secured your place!
- 8. You will receive a confirmation email and further information about the trip
- 9. The remaining balance needs to be paid no later than 5 weeks before the trip begins. This can be paid in installments or in one payment through your More Adventure account.