

Cycling in Mallorca (centre-based)

Trip code: CM



Overview

 Total 5 days

 Hotels

 Difficulty: 

 Cycling 4 days

 Spain

 3rd - 7th October 2019

Cycling in Mallorca is an absolute delight - challenging climbs, plenty of sunshine, epic descents, fantastic hotels and some of the finest cycling roads in Europe. On this cycling trip you'll experience some of the best roads on the island, including the iconic *Sa Colobra*, the stunning coastal road to the Formentor Lighthouse, and several other classic climbs in this fabulous cycling destination. There are plenty of routes to choose from so we can be flexible with each day's ride, but below are some suggestions of rides from our hotel base in Port Pollençà.

"Absolutely brilliant time in Mallorca with More Adventure. Superbly organised, cycling routes were excellent, good choice on hotels and restaurants, and great company. I will definitely go on another lycra-clad trip in the future, and these guys will be first on my list to arrange"

Ian , 2019

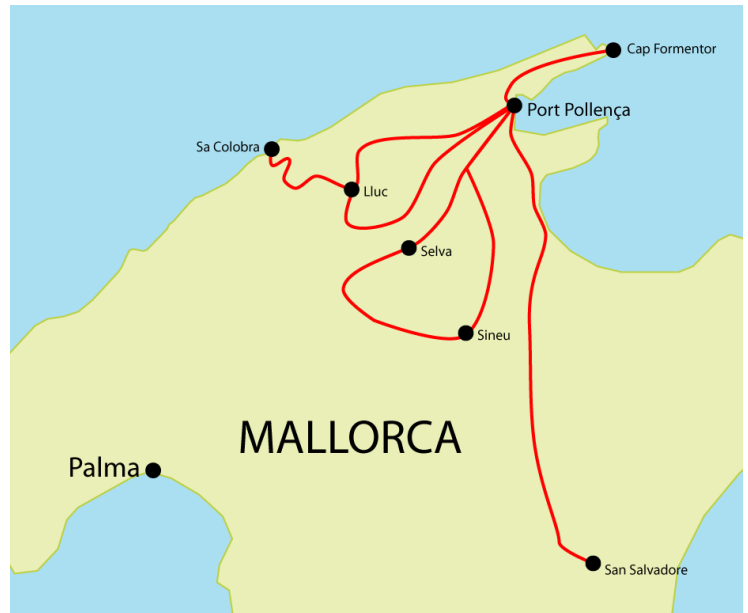
Highlights

- Visiting the Formentor Lighthouse passing through dramatic coastal scenery
- Epic descents through the Tramuntana mountain range
- Tackling the infamous *Sa Colobra*, a climb from sea level to 682 metres
- Relaxing in our comfortable, high quality hotel at the end of each day
- Ascending 787m along the highest climb in Mallorca, *Puig Major*
- Powering along in the peleton on our route to San Salvador

Detailed Ride Itinerary

Day 1: Transfer to Port Pollençà, Formentor Lighthouse loop, overnight Port Pollençà (53km & 1200 metres ascent)

You will be met by the More Adventure team at Palma Airport where you'll be transferred with your bike and luggage to Port Pollençà. Here we'll assemble bikes (or if you've hired a bike, visit the hire shop to collect), get changed into cycling gear and begin our trip with a loop out to the Formentor Lighthouse and back. This stunning peninsula is the perfect introduction to cycling in Mallorca as the road meanders above the sea below with several shorter climbs to get stuck into. There's also a cafe at the lighthouse so we'll hopefully drop in for coffee before beginning our ride back to our hotel for our first night in Port Pollençà.



Day 2: Port Pollençà - Selva, Sineu & Petra (105km & 900m ascent)

After breakfast in our hotel, we'll begin with a relatively flat ride just south of the Tramuntana mountains. We'll ride southwest from Port Pollençà to the pretty town of Selva before skirting around Inca towards Sineu. Once one of the most important towns in Mallorca, Sineu was home to many Mallorcan kings who resided in an impressive palace which is now a nunnery. We'll also make a stop at the outdoor velodrome at Sineu for the chance to complete a flying lap if your legs are up to it! Continuing southeast we'll stop for lunch on the main square of Petra before riding back north to Port Pollençà.

Day 3: Port Pollençà - Sa Colobra - Port Pollençà (98km & 2600m ascent)

After a good night's rest we begin our second day cycling in Mallorca. Today is a challenging route into the Tramuntana mountain range as we leave the sea behind and begin one of the longest climbs on the island, *Puig Major*. Our ascent begins just after the town of Pollençà as we head south-west to the top of our first climb, the *Coll de Femenia*. At around 45km we break off the *Puig Major* and head north-west towards the most famous climb in Mallorca, *Sa Colobra*. We'll descend this iconic climb to sea level at Sa Calobra for coffee then begin back up a road regularly ascended by the pros. By this point you'll be familiar with the seemingly endless switchbacks but with an average gradient of 7% over 10km, there will be plenty of opportunity to enjoy the scenery, sheer cliffs faces and road cutouts in the rock. The top of the climb is the *Coll des Reis* where we'll have a well-earned breather overlooking the valleys below. From here we can either return the way we came, or for an extra few kilometres drop down to Caimari for a final flat blast northeast to Port Pollençà.

Day 4: Port Pollençà - San Salvador (130km & 1200m ascent)

Today's ride tackles the flatter, less-visited plains of the east of the island. We head south, following the coast through Alcudia and Plaja de Muro before branching off right through Santa Margalida to Felantix. This 13th century town is famous for *Els Cavallets* dance, and wide varieties of brandy and wine produced in the area. It is also at the foot of San Salvador, a spectacular 5km climb with some steep sections, ending at an impressive monastery overlooking the plains below. After some food and a break, we head back north via Manacor and Alcudia to Port Pollençà for our final evening together.

Day 5: Port Pollença - Palma airport

This morning you will be transferred to Palma airport for your flight home with your bicycle and luggage. Here the trip ends and we say our farewells.

Included

- Cycle guide
- Support driver/bicycle mechanic
- 4 x night's hotel accommodation (twin sharing)
- 4 x breakfasts
- Transfer from/to Palma Airport to Port Pollença
- All luggage transported during your trip
- First aid cover
- GPX files of the route
- Kit lists, joining instructions and friendly advice



Not Included

- Bicycle and Helmet
- Transport to and from pick-up and drop-off points
- Evening meals, lunches, drinks and snacks
- European Health Card (www.ehic.org.uk/Internet/home.do)
- Insurance

This itinerary is a guide only and can sometimes be subject to change due to unforeseen circumstances. Whilst we endeavour to uphold the proposed daily mileages, this cannot be guaranteed due to changes to hotel bookings.

Trip Notes

Trip suitability

You will be cycling for between six and eight hours each day but this is not a race! This is a group trip and we like to cycle as such. You will be cycling through rolling countryside which will be hilly, and the pace will be determined by your Cycle Leader. If you are unable to keep to this moderate pace, you will be asked to travel in the support vehicle.

You must prepare before coming on the trip, anything cardiovascular will help as will of course cycling. Importantly you need to do some 6+ hour cycles so you will know what is required. **You will need to get some hill practice in!**

A link to our trip grades that explains in depth our star rating is here:
www.moreadventure.co.uk/cycling-grades

Weather & Climate

The weather in Mallorca is largely stable throughout the year with plenty of sun and high temperatures. **It is absolutely essential that you are prepared for high temperatures, strong sunshine and are able to carry at least 1.5 litres of water.** However it is also essential that you are prepared for colder temperatures (particularly for the descents), it can rain at any time of the year and mornings can be chilly. Our recommendations on what clothing to bring will be issued upon booking.

Health

Your health and safety is our number one priority during any trip with More Adventure. For this reason, our leaders are the very best in the business, they all hold relevant outdoor First Aid Certificates and have hands-on practical medical experience in a variety of environments.

It is recommended that you visit your GP well in advance to discuss your trip and any pre-existing medical conditions you have. We will require a comprehensive medical declaration form that may need to be verified by your GP.

Insurance

Personal travel insurance is compulsory on any More Adventure trip. As a minimum, we require your cover to include medical expenses including emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and damage/loss of luggage and personal effects (including your bicycle).

If you're looking for reasonably-priced, specialist bicycle insurance, we have teamed up with [Yellow Jersey Cycle Insurance](#). They offer specialist cover for bicycles includes all the standard cover you'd expect but also cover other things like race fee cancellation, crash damage, wheels cover and even theft from inside a vehicle. Use the code **MOREADV10** for 10% off.

We recommend you also bring a Global Health Insurance Card (GHIC) (<https://www.gov.uk/global-health-insurance-card>) which is free and makes it easier to get access to healthcare anywhere in Europe.

Please be aware that your More Adventure leader will be checking your insurance documents on the first day of this trip and may refuse you to join the trip if your insurance cover is insufficient. The insurance company's 24 hour emergency contact number will need to be seen by your leader.

Money

Lunches and evening meals tend to cost between £15 and £20 each. You will need Euros to spend in Spain.

Accommodation

Accommodation for this trip is in an excellent quality hotel in Port Pollença which has hot water showers, excellent amenities and secure bicycle storage. It is based upon twin sharing but a single room supplement is possible upon booking (and availability).

Food

Breakfast will vary each morning but will generally be continental-style with hot drinks and juices. Lunches will be eaten in local cafes along the way. We will also be stopping at shops and cafes along the way for you to buy snacks and drinks.

Lunches, evening meals and drinks are not included in the price and we will eat out as a group at a local cafe/restaurant. Approximate costs per lunch/evening meal £15 - £20.

Equipment

We recommend road bicycles for this trip. Please contact us if you are unsure whether your bike is suitable. Bikes are not included in the price. It is very important that your bike is in good working order and that you bring plenty of spares. Please bring at least two spare inner tubes. Your Cycle Leader will assist you with any minor bicycle repairs.

You must bring suitable, reasonably new tyres (e.g. Continental Gatorskin, Bontrager AW2; Schwalbe Marathon Plus). We recommend using [Wiggle \(click HERE\)](#) or [Chain Reaction Cycles \(click HERE\)](#) for the best value and quality in cycling clothing and equipment.

We do not provide helmets but we strongly recommend you bring your own to wear.

If you wish to hire a bicycle instead of bringing your own, please visit <https://www.procyclehire.com> where you can hire excellent quality carbon bikes from between €80 - €120 for the trip. We will visit the hire shop on Day 1 to pick your bike up and the More Adventure team will drop it back off on the final day.

Clothing

It is crucial to be prepared for the weather! The trip will continue in all but the absolute worst of weathers. Generally the best clothes to wear while cycling are light and comfortable. Please bring a lightweight waterproof top and a lightweight windproof top for the long descents. Make sure you bring enough clothes for each day cycling and for evening meals. Better to “have and not need than to need and not have”!

Luggage

All luggage will remain in the hotel as you cycle but you will need to carry inner tubes, snacks and water. The support vehicle will however be on hand to carry further spares and layers if required. Bike boxes and bags will be transported to the hotel upon arrival into the airport.

Leaders

This trip is led by at least one experienced and qualified cycle leader who will cycle with the group at all times. They guide and encourage the group, and help deal with any bicycle mechanicals. In addition to this, another leader drives the support vehicle offering assistance where necessary and transfers all luggage from one hotel to the other.

This trip will run on a minimum number of 10 persons. Please do not book any transport to/from the trip until it has been confirmed by email that it will run.

How to book (we recommend you have adequate travel insurance before booking any trip)

1. Find a date that suits you on our website
2. Click ‘Book Now’
3. Fill in your personal details (if you are booking for a group, there is an option here to do so)
4. Fill in your medical details
5. Invite your friends if you wish!
6. Click on ‘Make Payment’ and securely pay a 40% deposit through Worldpay
7. **Congratulations - you’ve now secured your place!**
8. You will receive a confirmation email and further information about the trip
9. The remaining balance needs to be paid no later than 5 weeks before the trip begins