

Snowdonia 10 Peak Challenge

Trip code: SPC



Overview


 Total 1 day

 n/a

 Difficulty: 

 Hiking 1 day

 Wales, UK

 All year round

“More Adventure were amazing. The hike was very well organised and our guides made the challenge fun. I will definitely be doing more challenges with these guys!”

Paul, 2018

This magnificent mountain challenge tackles ten iconic peaks of Snowdonia National Park - all in one day! This is an incredible journey through the jaw-dropping landscape of North Wales, passing through two main ranges - the Glyders and the Carneddau. It is a fully guided and supported event allowing you to savour the stupendous views, fresh air, and the physical challenge this fantastic adventure delivers.

Highlights

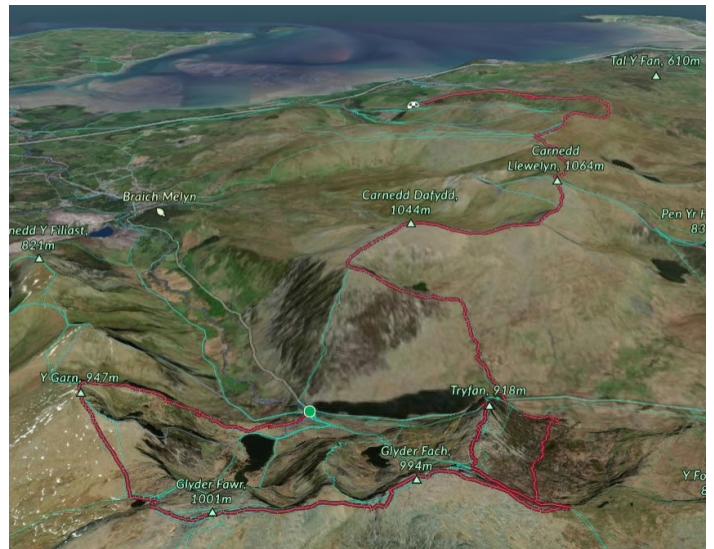
- The breathtaking mountain scenery of Snowdonia National Park
- Embracing the physical challenge of climbing not one, but ten mountains in one day
- Experiencing the awe-inspiring wilderness and beauty of North Wales
- Sharing the adventure of a lifetime with your other team members
- Reaching the support vehicle having completed the Snowdonia 10 Peak Challenge
- Encountering the wild ponies of the Carneddau, our favourite mountain residents

Itinerary

We meet at Ogwen Cottage in the beautiful Ogwen Valley. Here you'll meet the rest of the group and your leaders. There is parking and toilets available at Ogwen Cottage, you'll also be able to place a bag with extra snacks, clothing and drinks in our support vehicle for our planned refreshment stop. After a safety brief, overview of the day and kit check, you'll embark upon your first peak, Y Garn (*The Horn*, 947m) in the Glyders range of Snowdonia.

From the summit of Y Garn you'll descend to Llyn y Cwn above Devil's Kitchen before ascending to your second peak, Glyder Fawr (*Great Glyder*, 1001m).

It's then a relatively undemanding hop from here to our third peak, Glyder Fach (*Little Glyder*, 994m). From the summit we descend the east ridge of Glyder Fach then down Cwm Tryfan to Gwern Gof Uchaf for a well-deserved rest stop and refreshments. Depending on the weather and the speed and abilities of the group, we may also have time to take in Tryfan before descending to the valley floor.



Our next peak lies in the second mountain range of the day, the Carneddau. The translation of *Carneddau* means 'cairns', the piles of stones that have been used to navigate the wilds of the mountains for centuries. Despite being so close, the Carneddau have a very different appearance to the Glyders, with more rounded peaks and a far less jagged landscape. We begin our ascent at the eastern shores of Llyn (*Lake*) Ogwen, following Afon Lloer onto the shoulder of our fourth peak, Pen yr Ole Wen (*Head of the White Slope*, 978m). On a clear day it's possible to see the colourful houses of Beaumaris, Holyhead Mountain and the fabulous coastline of Anglesey. Once we've reached this summit, we've completed much of the ascent for the day which hopefully will make the latter part of the day a little easier.

It's a pleasant stroll around the head of the Lloer valley to our next peak, Carnedd Dafydd (*David's Cairn*, 1044m). We continue northeast along the wide ridge to the highest peak in the Carneddau range, Carnedd Llewelyn (*Llewelyn's Cairn*, 1064m). The peak was named after Llywelyn ap Gruffudd, the last native Prince of Wales. From the summit of Carnedd Llewelyn it is possible to see the remaining peaks in the distance ahead.

Our next peak is Foel Grach (976m) then Carnedd Gwenllian (*Gwenllian's Cairn*, 926m). Until 2009 this peak was named Garnedd Uchaf until a campaign by the Princess Gwenllian Society succeeded in having the peak renamed in honour of Gwenllian of Wales, the only daughter of Llywelyn ap Gruffudd.

We're nearly there! Foel Fras (*Broad Hill*, 942m) is the penultimate peak from which a well-worn track leads up to our final summit, Drum (*Ridge*, 770m). From the rocky shelter on the summit of Drum it's possible to see the magnificent peninsula of the Great Orme at Llandudno, Puffin Island off the eastern shores of Anglesey and all the way back to Snowdon, the Glyders and beyond - it's a spectacular final peak! It's a gentle stroll back from the top down a wide track where our support vehicle will be waiting. Congratulations, you've completed the Welsh 10 Peak Challenge! Here you'll be transferred back around to Ogwen Cottage for your return journey home and here the trip ends - what an adventure!

Included

- Qualified, experienced mountain leaders
- Professional, friendly support and guidance before your challenge begins
- Comprehensive kit list and Joining Instructions
- 1:10 mountain leader ratio
- Support vehicle and transportation back to Ogwen Cottage
- Group safety equipment and first aid kit
- Your event photos uploaded to social media
- Event insurance
- Training plan (if required)

Not Included

- Transport to and from start and finish points
- Accommodation before or after your challenge
- Parking fees
- Personal walking kit and equipment
- Lunch and snacks

This itinerary is a guide only and can sometimes be subject to change due to unforeseen circumstances, including adverse weather. Whilst we endeavour to uphold the proposed timings, this cannot be guaranteed and an alternative route may be required.

Trip Notes

Trip suitability

You need to have a good level of basic fitness and some experience of walking with a rucksack. You will be walking through mountainous environments on uneven and steep terrain that will be challenging at times. This is a group trip and we aim for participants to enjoy it as much as possible, for that reason we recommend you undertake some challenge-specific training before the challenge, details of which will be included in the Joining Instructions.

Anything cardiovascular will help (walking, cycling, swimming, running, gym), but we also recommend you have practice tackling some hills whilst wearing the boots and rucksack you'll be using on the mountain. Importantly you need to do some longer (2+ hour) walks so you will know what is required. We cannot control the weather so don't forget to bring your sense of humour on the hill! **The more you train, the more you'll enjoy this incredible hiking challenge!**

For a more detailed training plan, [please get in touch](#).

Weather & Climate

The weather in the mountains of Snowdonia is variable throughout the year and in a single day you can experience all four seasons. **It is absolutely essential that you are prepared for all weathers and be able to carry 2 litres of water.** Whilst North Wales has its fair share of good weather, it can rain at any time of the year and mornings can be chilly. Our recommendations on what clothing to bring will be issued upon booking.

Health

Your health and safety is our number one priority during any trip with More Adventure. For this reason, our leaders are the very best in the business, they all hold relevant outdoor First Aid Certificates, and have hands-on practical medical experience in a variety of environments.

It is recommended that you visit your GP well in advance to discuss your trip and any pre-existing medical conditions you have. We will require a comprehensive medical declaration form that may need to be verified by your GP.

Equipment

There are few specialist items required on this challenge but we do make some recommendations in the Joining Instructions to make your hike more pleasurable.

Clothing

It is crucial to be prepared for the weather! The trip will continue in all but the absolute worst of weathers so it's important you are wearing and carrying the correct items of clothing. Generally the best clothes to wear while hiking are light and comfortable but you will also be required to carry waterproofs and warm clothing at any time of the year. A comprehensive clothing and equipment list is included in the Joining Instructions. Remember, it's better to "have and not need than to need and not have"!

Leaders

This trip is led by at least one experienced and qualified mountain leader who will lead the group at all times. They guide and encourage the group, and help deal with any issues that arise.

Please do not book any transport to/from the trip until it has been confirmed by email that it will run.

How to book

1. Find a date that suits you on our website
2. Click 'Book Now'
3. Fill in your personal details (if you are booking for a group, there is an option here to do so)
4. Fill in your medical details
5. Invite your friends if you wish!
6. Click on 'Make Payment' and securely pay a deposit or full balance through Worldpay
- 7. Congratulations - you've now secured your place!**
8. You will receive a confirmation email and further information about the trip
9. Any remaining balance needs to be paid no later than 5 weeks before the trip begins. This can be paid in installments or in one payment through your More Adventure account.