

TRIP ITINERARY · CYCLING · TUSCANY, ITALY

CYCLING IN TUSCANY

Five days on Europe's most romantic roads: San Gimignano, Chianti, Siena and the cypress-lined Val d'Orcia, with Florence and Pisa either side.

9 days	5	210 miles	Hotels	★★★☆☆	April – June, September – October
DURATION	DAYS RIDING	DISTANCE	ACCOMMODATION	DIFFICULTY	SEASON

OVERVIEW

Ride through stunning Tuscan countryside, UNESCO World Heritage sites and ancient hilltop towns, tasting the finest local produce along the way.

Experience the finest of Tuscan scenery and culture by bicycle! Ride through the stunning landscapes of Tuscany, through impressive ancient hilltop towns and vineyards, along some of the most romantic and evocative roads in Europe. This trip combines the perfect balance of fantastic cycling with a dazzling array of cultural and culinary delights unique to this incredible region of Italy.

★★★★★

"Tremendous organisation and top quality adventure management. Skilled and experienced, Tom and his team were always on top of the ride and quick to adapt. Very personable and always helpful. Definitely recommend them."

Brian Kalms · Google review

HIGHLIGHTS

- ✓ Florence sightseeing
- ✓ Florence to San Gimignano
- ✓ San Gimignano loop
- ✓ San Gimignano – Castellina in Chianti – Siena
- ✓ Siena – Montalcino – Montepulciano
- ✓ Montepulciano – Siena transfer to Pisa

DATES & BOOKING

See the latest dates, availability and book online at moreadventure.co.uk/event/cycling-in-tuscany-explorer/

DAY BY DAY

DETAILED ITINERARY

1

ARRIVAL DAY | OVERNIGHT: FLORENCE | AIRPORT TRANSFER

DAY 1: ARRIVE IN FLORENCE

We meet you at Florence airport and transfer you to the hotel in the city. Build your bike, meet the group for a briefing and enjoy a first evening meal together in Florence.



2

FLORENCE SIGHTSEEING | OVERNIGHT: FLORENCE

DAY 2: ARRIVE IN FLORENCE

We meet you at Florence airport and transfer you to the hotel in the city. Build your bike, meet the group for a briefing and enjoy a first evening meal together in Florence.



3

45 MILES (72 KM) · 3,900 FT | OVERNIGHT: SAN GIMIGNANO

WINE TASTING

DAY 3: FLORENCE SIGHTSEEING

Our first full day in Tuscany will be spent sightseeing around the stunning city of Florence. There's plenty to see in Florence which is considered to be the birthplace of the Renaissance and is also the capital of the Tuscany region. You'll have a full day exploring some of the finest architectural sites in Europe including the Palazzo Vecchio, the domed cathedral of Santa Maria del Fiore, and the Ponte Vecchio. We'll have our second group meal together in the city before retiring to our overnight hotel.



4

39 MILES (63 KM) · 4,100 FT | OVERNIGHT: SAN GIMIGNANO

OPTIONAL LOOP

DAY 4: FLORENCE TO SAN GIMIGNANO

Today we begin cycling! After breakfast in our hotel, we'll leave Florence and begin cycling south west into the Tuscan countryside. We'll stop off at a few towns along the way where we'll soak up the laid-back Italian atmosphere and maybe have time for coffee. From here our route continues south west to the understandably popular San Gimignano. This hilltop town is famous for its towers and ancient cobbled streets. Here we'll have our first wine tasting experience, the highlight of which is the Vernaccia di San Gimignano which Michelangelo described as the wine that "kisses, licks, bites, heats and stings" "kisses, licks, bites, heats and stings".



5

35 MILES (56 KM) · 3,200 FT | OVERNIGHT: SIENA | CHIANTI

DAY 5: SAN GIMIGNANO LOOP

Today we have an optional (but highly recommended!) circular route to the west of San Gimignano. We ride towards the ancient hilltop town of Volterra for lunch, climbing high up above the valleys and vineyards below, before looping back around to overnight again in San Gimignano. There are plenty of walks in the area if you'd prefer to explore this wonderful region on foot, or simply relax in the picturesque town.



6

51 MILES (82 KM) · 4,000 FT | OVERNIGHT: MONTEPULCIANO | VAL D'ORCIA

DAY 6: SAN GIMIGNANO – CASTELLINA IN CHIANTI – SIENA

From San Gimignano we skirt around Poggibonsi and ride east to Castellina in Chianti. This area is famous for the world-renowned Chianti wine which we may have the chance to sample over a relaxed lunch in the town. From here our route heads south to the beautiful city of Siena, the medieval centre of which is a UNESCO Heritage Site. Each year, hundreds of people gather on the Piazza del Campo for Il Palio, a thrilling and colourful horse race that is held every summer.



7

40 MILES (64 KM) · 2,800 FT | OVERNIGHT: PISA | TRAIN TO PISA

DAY 7: SIENA – MONTALCINO – MONTEPULCIANO

Our third cycling day heads south as we enter the Val D'Orcia, a UNESCO World Heritage site. This unique valley boasts medieval castles, charming farmhouses, endless cypress-lined roads and rows of picturesque vineyards. Our first stop is the hilltop town of Montalcino, famous for Brunello di Montalcino, a superb and unique red wine produced in the area. After coffee we continue east, stopping briefly at the beautiful town of San Quirico d'Orcia before reaching Pienza, another UNESCO Heritage site which has been dubbed the "touchstone of Renaissance urbanism". Our overnight stop is Montepulciano, a medieval town high on a limestone ridge above the countless valleys below.

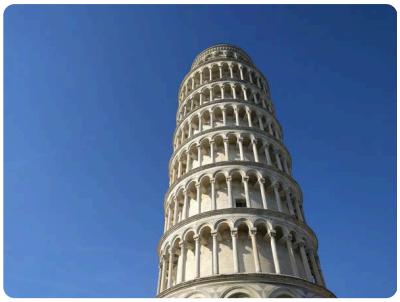


8

TRIP ENDS | TRANSFER TO PISA AIRPORT

DAY 8: MONTEPULCIANO – SIENA TRANSFER TO PISA

Our final cycling day heads northwest from Montepulciano to the hilltop town of Asciano, home to an 11th century Romanesque basilica of Sant'Agata. We climb an absolutely stunning cycling road up to the small town of Vescona where we'll stop for photographs at an unmissable viewpoint overlooking the vineyards below before a thrilling descent to the valley below. From here we continue northwest to Siena train station where we'll get a train back to Pisa for our final evening meal together.

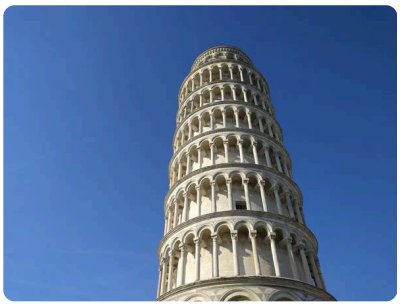


9

TRIP ENDS | TRANSFER TO PISA AIRPORT

DAY 9: PISA

Today our trip ends. After breakfast you may have time to visit the famous leaning tower of Pisa before being transferred to Pisa airport where we say our goodbyes and the trip ends.



THE ROUTE

FLORENCE TO PISA



Day 3 · Florence → San Gimignano	45 miles
Day 4 · San Gimignano → Volterra	39 miles
Day 5 · San Gimignano → Siena	35 miles
Day 6 · Siena → Montepulciano	51 miles
Day 7 · Montepulciano → Siena	40 miles

GPX files of the full route are emailed when the trip is confirmed.

GRADE: MODERATE ★★★☆☆

See our cycling grades at moreadventure.co.uk. If you're unsure whether this trip is right for you, give us a call.

INCLUDED

- ✓ Experienced Cycle Leader(s) and Support Driver
- ✓ 7 x night's hotel accommodation
- ✓ 7 x breakfasts
- ✓ Bicycle mechanical support
- ✓ Transfer from Florence airport on scheduled arrival dates/times
- ✓ Transfer to Pisa airport on scheduled departure dates/times
- ✓ Train from Siena to Pisa on Day 7
- ✓ All luggage transported during your trip
- ✓ First aid cover
- ✓ GPX files of the full route (emailed when the trip is confirmed)
- ✓ Joining instructions and kit lists
- ✓ Financial protection in accordance with the 1992 Package Travel Regulations
- ✓ Risk assessments and event insurance

NOT INCLUDED

- × Bicycle and helmet
- × Flights to/from Pisa/Florence
- × Lunches, evening meals, drinks and snacks
- × Optional excursions (including wine tours)
- × Insurance
- × Bicycle transfer service (please get in touch for further information)

Single room: +£375, added to your final invoice.

Flights: Fly into Florence and home from Pisa (not included). Bike and luggage transfers from the UK are available.

GOOD TO KNOW

TRIP NOTES

HOW TO BOOK

1. Choose a date on our website and click 'Book now'
2. Fill in your details (you can book for a group) and your medical details
3. Pay a 40% deposit securely by card to secure your place
4. You'll get a confirmation email with further trip information
5. Pay the balance no later than 5 weeks before the trip, in instalments or in one go

Questions? We're happy to help.

Call 020 8720 6607

WhatsApp 07719 224663

Email info@moreadventure.co.uk

Web moreadventure.co.uk

This itinerary is a guide and may change due to unforeseen circumstances. Please don't book travel until we've confirmed by email that the trip will run.