

TRIP ITINERARY · CYCLING · UK, FRANCE, BELGIUM, NETHERLANDS & GERMANY

LONDON TO COLOGNE

From one iconic cathedral to another: 352 miles through England, France, Belgium, the Netherlands and Germany in four days.

5 days	4	352 miles	Hotels	★★★☆☆	June – September
DURATION	DAYS RIDING	DISTANCE	ACCOMMODATION	DIFFICULTY	SEASON

OVERVIEW

Cycle from one iconic cathedral to another, riding 352 miles through five countries in four days! This varied and exciting route begins at St Pauls Cathedral in London, through Southern England and to the port of Dover. Here we'll cross the English Channel to Calais then cycle to our hotel for the evening. The following day we'll begin a further three days through France, Belgium & The Netherlands before crossing the German border, ending our ride at the foot of a Gothic masterpiece – Cologne Cathedral.

★★★★★

"Tremendous organisation and top quality adventure management. Skilled and experienced, Tom and his team were always on top of the ride and quick to adapt. Very personable and always helpful. Definitely recommend them."

Brian Kalms · Google review

HIGHLIGHTS

- ✓ Starting at St Paul's Cathedral in London
- ✓ Crossing the Channel from Dover to Calais
- ✓ Veurne's square and Belgian cycle lanes
- ✓ Coffee at Leuven's Gothic town hall
- ✓ Five countries in four days
- ✓ Finishing at Cologne Cathedral

DATES & BOOKING

See the latest dates, availability and book online at moreadventure.co.uk/event/london-to-cologne-cycle/

DAY BY DAY

DETAILED ITINERARY

1

82 MILES · 4,000 FT CLIMBING | OVERNIGHT: CALAIS | FERRY CROSSING

DAY 1: ST PAULS CATHEDRAL – DOVER – CALAIS

We meet in front of an icon of London, St Pauls Cathedral. After a trip briefing, photos and loading luggage onto the support vehicle, we'll begin our ride southeast out of the city. We'll soon reach the outskirts of the city and enter Kent where the roads open up and we can enjoy the Garden of England as we approach Dover. We'll catch a ferry from Dover to Dunkirk where a further 10 miles takes us to our overnight hotel.



2

110 MILES · 1,100 FT CLIMBING | OVERNIGHT: AALST

DAY 2: CALAIS – AALST

We begin our second day following the coast on flat roads northeast of Calais. The route shortly crosses the border into Belgium and into the pretty town square of Veurne. From here our route continues along Belgian roads and cycle lanes to our overnight stop in Aalst on the banks of the Dender River. This quaint Belgian town has an ancient textile industry which still thrives today.



3

91 MILES · 2,000 FT CLIMBING | OVERNIGHT: ELSLOO | VIA LEUVEN

DAY 3: AALST – ELSLOO

Our route today begins by skirting around Brussels then onto Leuven, the capital of the province of Flemish Brabant to the east. Here we'll stop for coffee at the impressive Gothic town hall before continuing through quaint Belgian villages and farmland to cycle along the Albert Canal. We cross our third border into The Netherlands to our overnight stop at Elsloo on the banks of the River Meuse.



4

69 MILES · 1,700 FT CLIMBING | OVERNIGHT: COLOGNE

DAY 4: ELSLOO – COLOGNE

We leave The Netherlands behind today as we cross the border into Germany and to the town of Geilenkirchen, just 20km north of Aachen. Continuing east, we cross the river Rur through the town of Linnich. We soon reach the outskirts of Cologne, the fourth largest city in Germany, where we'll head to the river Rhine before navigating our way to the double-spires of the impressive cathedral. From here it's a short ride to our hotel for the evening where we'll have a celebratory meal and explore the sights of the city.



5

FREE DAY | FLIGHT HOME

DAY 5: COLOGNE – LONDON

Your bicycles and luggage will be driven back to the UK so you have a full day to explore Cologne. A thorough exploration of the cathedral is a must, along with a visit to one of the many museums in the city before your evening flight back to London Heathrow. Here you'll be met by the More Adventure team who will hand back your bicycles and luggage and the trip comes to an end.



THE ROUTE

LONDON TO COLOGNE



Day 1 · London → Calais	82 miles
Day 2 · Calais → Aalst	110 miles
Day 3 · Aalst → Elsloo	91 miles
Day 4 · Elsloo → Cologne	69 miles

GPX files of the full route are emailed when the trip is confirmed.

GRADE: MODERATE ★★★☆☆

See our cycling grades at moreadventure.co.uk. If you're unsure whether this trip is right for you, give us a call.

INCLUDED

- ✓ Cycle leader(s) and support driver(s)
- ✓ 4 x night's hotel accommodation
- ✓ 4 x breakfasts
- ✓ 4 x buffet-style lunches
- ✓ Ferry from Dover to Calais
- ✓ Bicycle mechanical support
- ✓ First Aid cover
- ✓ All luggage transported during your trip
- ✓ Bicycle and main luggage transfer back to London Heathrow
- ✓ GPX files of the full route (emailed when the trip is confirmed)

NOT INCLUDED

- × Bicycle and Helmet
- × Transfers to Cologne Airport
- × Flights from Cologne to London Heathrow (approx £45 – £70)
- × Evening meals, drinks and snacks
- × UK GHIC or EHIC health card
- × Insurance

Flights home: Book your own Cologne to Heathrow flight (approx. £45–£70); we drive your bike and bag back.

GOOD TO KNOW

TRIP NOTES

HEALTH

Your health and safety is our number one priority. Our leaders hold outdoor first aid certificates and have hands-on medical experience. Visit your GP well before the trip to discuss any pre-existing conditions. We ask for a medical declaration when you book.

INSURANCE

Personal travel insurance is compulsory and should be in place before you book. As a minimum it must cover medical expenses, including emergency repatriation. We strongly recommend it also covers cancellation, curtailment and loss or damage to luggage and equipment.

LEADERS

Experienced, qualified leaders run every trip, with back-up support where the trip needs it. They guide and encourage the group and look after the logistics so you can enjoy the adventure.

HOW TO BOOK

1. Choose a date on our website and click 'Book now'
2. Fill in your details (you can book for a group) and your medical details
3. Pay a 40% deposit securely by card to secure your place
4. You'll get a confirmation email with further trip information
5. Pay the balance no later than 5 weeks before the trip, in instalments or in one go

Questions? We're happy to help.

Call 020 8720 6607

WhatsApp 07719 224663

Email info@moreadventure.co.uk

Web moreadventure.co.uk

This itinerary is a guide and may change due to unforeseen circumstances. Please don't book travel until we've confirmed by email that the trip will run.