

TRIP ITINERARY · CYCLING & TREKKING · ANGLESEY, THE LLŶN AND ERYRI, NORTH WALES

SEA TO SUMMIT HIKE OR CYCLE

Two days from sea level to the foot of Yr Wyddfa. Cyclists ride 199 miles around Anglesey and the Llŷn; hikers cross the mountains and climb Snowdon.

4 days	2	199 miles	Hotels	★★★★☆	May – September
DURATION	DAYS RIDING	DISTANCE	ACCOMMODATION	DIFFICULTY	SEASON

OVERVIEW

A North Wales challenge with a twist: choose to cycle or hike. Both groups set off together, tackle their own routes, and meet again at the end of each day.

Sea to Summit Snowdonia is a two-day North Wales challenge where cyclists and hikers set off together each morning and tackle their own extraordinary routes through the landscape before reuniting at the end of each day. Cyclists cover nearly 200 miles — looping Anglesey on day one and the Llŷn Peninsula on day two — while hikers cross ancient mountain and moorland routes before summiting Yr Wyddfa (Snowdon). Both challenges start at sea level and finish at Pen-y-Pass, at the foot of Snowdon — making this one of the most satisfying and varied adventure challenges in North Wales. Based in Llandudno with nights in Llanberis and Betws-y-Coed, the whole trip is fully supported by the More Adventure team.

Every element of this challenge can be tailored to your group — whether you'd like to swap out an activity, add something extra, or scale the day up or down, just and we'll put together something that works perfectly for you.

★★★★★

"Tremendous organisation and top quality adventure management. Skilled and experienced, Tom and his team were always on top of the ride and quick to adapt. Very personable and always helpful. Definitely recommend them."

Brian Kalms · Google review

HIGHLIGHTS

- ✓ Starting at sea level on the North Wales coast
- ✓ Cycling 100 miles around Anglesey's coastline
- ✓ Riding to Aberdaron at the tip of the Llŷn Peninsula
- ✓ Hiking ancient routes and the Snowdonia Slate Trail
- ✓ Summiting Yr Wyddfa (Snowdon), 1,085m
- ✓ Finishing together at Pen-y-Pass

DATES & BOOKING

See the latest dates, availability and book online at moreadventure.co.uk/event/sea-to-summit-snowdonia-eryri/

DAY BY DAY

DETAILED ITINERARY

1

ARRIVAL EVENING | OVERNIGHT: LLANDUDNO

DAY 1: ARRIVAL IN LLANDUDNO

Arrive in Llandudno this evening for a group briefing, dinner and kit check with the More Adventure team. Tomorrow the challenge begins — get an early night and come ready.



2

CYCLE 100 MILES OR HIKE 27KM | OVERNIGHT: LLANBERIS | ANGLESEY LOOP

DAY 2: LLANFAIRFECHAN TO LLANBERIS

Coach transfer to Llanfairfechan, team photos, and both groups set off on their respective challenges. Cyclists head to Bangor, cross the iconic Menai Suspension Bridge and loop the entire coastline of Anglesey — 100 miles of spectacular coastal riding — before returning to the mainland and finishing in Llanberis. Hikers follow the ancient Cambrian Way and North Wales Pilgrims' Route southwest through Bethesda and up onto the Snowdonia Slate Trail to Llanberis — a gruelling 27km across mountains and moorland that will test every step. Both groups overnight in Llanberis.



3

CYCLE 99 MILES OR HIKE 15KM | OVERNIGHT: BETWS-Y-COED | SNOWDON (1,085M)

DAY 3: LLANBERIS TO PEN-Y-PASS

Cyclists head back to Caernarfon and south along the breathtaking Llŷn Peninsula to Aberdaron at the very tip, before swinging east and making the dramatic final mountain climb to Pen-y-Pass. Hikers set off from Llanberis and climb Yr Wyddfa (Snowdon) via the Llanberis Path, summit the highest mountain in Wales and England at 1,085 metres, then descend via the Miners' Path to Pen-y-Pass. Both groups finish together at Pen-y-Pass for team photos and celebrations before coach transfer to Betws-y-Coed.



4

TRIP ENDS | TRANSFER TO LLANDUDNO JUNCTION

DAY 4: BETWS-Y-COED — DEPARTURE

Breakfast in the beautiful village of Betws-y-Coed and then it's time to head home. Coach transfer to Llandudno Junction for onward travel. The challenge ends here — but the memories last considerably longer.



THE ROUTE

SEA TO SUMMIT



Day 2 · Llanfairfechan → Llanberis	100 miles
Day 3 · Llanberis → Pen-y-Pass	99 miles

GPX files of the full route are emailed when the trip is confirmed.

GRADE: CHALLENGING ★★★★☆

See our cycling grades at moreadventure.co.uk. If you're unsure whether this trip is right for you, give us a call.

INCLUDED

- ✓ Professional cycle leader and mountain leader/guide throughout
- ✓ Support driver & vehicle for cyclists
- ✓ Coach transfers between all locations
- ✓ 3 x nights hotel accommodation (min 3*)*
- ✓ 3 x breakfasts
- ✓ All luggage transported between hotels
- ✓ GPX files of the full route (emailed when the trip is confirmed)
- ✓ Joining instructions and kit lists for both cycling and hiking
- ✓ Risk assessments and event insurance

NOT INCLUDED

- × Bicycle and helmet (for cyclists)
- × Getting to Llandudno and home from Llandudno Junction
- × Lunches
- × Evening meals, drinks and personal snacks
- × Personal travel insurance

Choose your route: Tell us when you book whether you'll cycle or hike.

Groups & charities: Every element can be tailored for corporate or charity teams.

GOOD TO KNOW

TRIP NOTES

CYCLING

You'll ride about 100 miles a day for two days, with over 6,000 feet of climbing each day. You should be a strong, experienced road cyclist comfortable with 7–9 hours in the saddle.

HIKING

Day 1 covers 27km of mountain and moorland in 9–10 hours; day 2 climbs 1,000m to the summit of Snowdon. You need good fitness and endurance, and to be comfortable in all weathers.

HEALTH

Your health and safety is our number one priority. Our leaders hold outdoor first aid certificates and have hands-on medical experience. Visit your GP well before the trip to discuss any pre-existing conditions. We ask for a medical declaration when you book.

INSURANCE

Personal travel insurance is compulsory and should be in place before you book. As a minimum it must cover medical expenses, including emergency repatriation. We strongly recommend it also covers cancellation, curtailment and loss or damage to luggage and equipment.

LEADERS

Experienced, qualified leaders run every trip, with back-up support where the trip needs it. They guide and encourage the group and look after the logistics so you can enjoy the adventure.

HOW TO BOOK

1. Choose a date on our website and click 'Book now'
2. Fill in your details (you can book for a group) and your medical details
3. Pay a 40% deposit securely by card to secure your place
4. You'll get a confirmation email with further trip information
5. Pay the balance no later than 5 weeks before the trip, in instalments or in one go

Questions? We're happy to help.

Call 020 8720 6607

WhatsApp 07719 224663

Email info@moreadventure.co.uk

Web moreadventure.co.uk

This itinerary is a guide and may change due to unforeseen circumstances. Please don't book travel until we've confirmed by email that the trip will run.